

OCTOBER 2023

MATCHPOINT

THE VENETO TENNIS NEWS CLUB



BOARD OF DIRECTORS

Lea Moschitti

Founding Member, President

Frank Falvo

Founding Member, Past President, Vice President

Gesualdo Mastruzzo

Founding Member, Past President

Miguel Petrucci

Founding Member, Past President

Sergio Ferraro

Founding Member, Ex-ufficio

Don Bell

Founding Member, Past President

Silvana Martelli

Founding Member, Secretary

Enzo Lazarich

Founding Member

Giorgio Carloni

Member at Large, Treasurer

Mary Cosentino

Member at Large

Fernando Venditti

Member at Large



VENETO
TENNIS CLUB

Veneto Tennis Club

7465 Kipling Ave.

Woodbridge, Ontario

L4L 1Y5

905-850-0043

tennis@venetocentre.com

2023 FALL VENETO TENNIS CLUB PROGRAMS

	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JUNIOR RED BALL	5-6						9:00am	1:00pm
JUNIOR ORANGE BALL	7-8	5:30pm	6:30pm	5:00pm			10:00am	2:00pm
JUNIOR GREEN BALL	9-10		5:00pm				11:00am	3:00pm
PRE-TRANSITION I	10-13		7:00pm					
PRE-TRANSITION II	13-15				5:00pm			
TRANSITION	10-15	5:00pm	5:00pm	5:00pm	5:00pm			
TEEN PREP GROUP	13-15			6:00pm				
TEEN TRANSITION	13-15						12:30pm	
TEEN TENNIS	13-18	7:00pm		7:00pm				
JUNIOR MATCH PLAY	11-15					5:00pm		
ADULT BEGINNER	21+		8:30pm					
ADULT INTERMEDIATE/ADVANCED	21+			8:30pm				

Log in and select Junior or Adult Programs for pricing and additional information



International
Tennis
Federation



J30 WOODBRIDGE

ADVANTAGE TENNIS INTERNATIONAL @ VENETO
TENNIS CLUB ITF JR. CHAMPIONSHIPS

23 OCT -27 OCT 2023

COME WATCH OUR FUTURE STARS

THANK YOU
FOR YOUR
PATIENCE



We have had some
unforeseeable issues arise
with our new bubble lighting,
resulting in a delay in the
opening of these courts. We
hope to have courts 7 - 10
open again mid-week. We will
keep you posted.

DEAN SAYS...

TIMING IS EVERYTHING!

If there is one thing that every successful tennis player demonstrates, it is "good timing" on their groundstrokes.

Timing is the ability to centre the ball, right in the middle of the racquet at contact. Back in the day we called this the 'sweet spot'. Contact should normally be slightly in front of your body (between waist and shoulder height).

How can I improve my timing?

Instead of focusing primarily on contact with the ball, try extending your 'racquet face' as long as possible towards your intended target (especially after contact).

The racquet head doesn't lie! So it's important you swing with a long hitting zone. This will greatly improve your chances of hitting the ball "cleanly"

How can I improve hitting with a longer hitting zone?

Footwork/ Footwork/ Footwork

Tennis is an open skilled sport where situations are constantly changing. Try preparing your racquet/ body (completely) before your opponent's ball lands on your side of the court. Also important you set up with a good amount of space (behind) the bounce of the ball, this will make it easier for you to swing longer towards your target (and in turn make perfect contact in front of the body)

Regardless of your level, try these in your next session on court, and without a doubt you will have better timing!

...FROM THE COACH'S BOX

ON THE MENTAL SIDE OF YOUR PERFORMANCE



Ace your challenges with the same
precision you bring to your serves

In the face of victory or defeat, your
attitude remains the one thing you
truly control

Mahsa S. Durbano MSCP
Mental Skills Coach



REGISTER ONLINE UNDER ADULT PROGRAMS

NEW



MIXED 3.0+ DOUBLES HOUSELEAGUE

Saturday Afternoon 2:00-4:00/4:00-6:00

WOMEN'S 3.0+ DOUBLES HOUSELEAGUE

Monday Night 6:30-8:30

MEN'S 3.0+ DOUBLES HOUSELEAGUE

Thursday Night 6:30-8:30/8:30-10:30

ALL REGISTRANTS MUST MEET MINIMUM PLAYER LEVEL
REQUIREMENT (PER HEAD PRO'S ASSESSMENT)

Coming Soon
to the Veneto
Tennis Club

